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October 2020

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[Cambridgeshire Young Carers Fund awards over £70,000 to projects supporting the lives of young carers](#)



Cambridge Student Community Action

Groups working in Cambridgeshire have received much-needed grants to help support young carers.

Young carers are children who take on adult responsibilities in the home – cooking, cleaning, looking after siblings while unsupervised, providing physical (washing, dressing and feeding) and mental support to the adult who is cared for. They meet these demands at home as well as doing well at school, making friends and having a normal childhood.

Most of the available support is from charitable organisations who offer one to one counselling; the monitoring of the health and well being of known young carers; personal development; activities through clubs and trips; and teaching the teachers in all primary and secondary schools in the county to recognise the young carers in their classes and to understand their needs.

The projects awarded funding this year are:

- **Caring Together** were awarded £29,853 for a three year project to provide support for 75 young carers aged 5-17 years across Cambridgeshire through regular breaks, holiday activities and individual activity via a bursary scheme promoting their general health and well-being.
- **Centre 33** were awarded £29,982 for a three year project to facilitate participation activities/workshops which enhance and build on established young carers support, and develop a

YC advisory group.

- **Disability Huntingdonshire (DISH)** were awarded £10,298 to extend the employment of a young carer, who is providing administrative support, for another year and develop a training package to expand their skills and knowledge.

The Cambridgeshire Young Carers Fund has been hugely successful with previous grantees including Cambridge Student Community Action and 20Twenty Productions CIC. The fund awards local charities and community groups once a year with the deadline being 1st May. Applications from Cambridgeshire and Peterborough are considered.

You can find out more about the [Cambridgeshire Young Carers Fund here](#).

Image: Cambridge Student Community Action